

RETIFICAÇÃO – EDITAL 01/2012

PS 11 – PROFISSIONAL DE EDUCAÇÃO FÍSICA I

Retificamos a bibliografia recomendada:

onde se lê:

American College of Sports Medicine Position Stand. Quantity and Quality of Exercise for Developing and Maintaining cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Apparently Healthy Adults: Guidance for Prescribing Exercise. **Med Sci Sports Exerc** Jul;43(7): 1334-1359, 2011. Disponível em: http://journals.lww.com/acsm-msse/Fulltext/2011/07000/Quantity_and_Quality_of_Exercise_for_Developing.26.aspx. Acesso em: 03 jan. 2012.

MAYER, J., MOONEY, V and DAGENAIS, S. **Evidence-informed management of chronic low back pain with lumbar extensor strengthening exercises.** The Spine Journal. 8: 96–113, 2008. Disponível em: http://www.sciencedirect.com/science?_ob=MiailImageURL&_cid=272224&_user=687304&_pii=S1529943007008716&_check=y&_origin=&_coverDate=29-Feb-2008&view=c&wchp=dGLbVIS-zSkzS&md5=2b62ca74d6e2900880e83f2a2a45b475/1-s2.0-S1529943007008716-main.pdf. Acesso em: 03 jan. 2012.

leia-se:

American College of Sports Medicine Position Stand. Quantity and Quality of Exercise for Developing and Maintaining cardiorespiratory, Musculoskeletal, and Neuromotor Fitness in Apparently Healthy Adults: Guidance for Prescribing Exercise. **Med Sci Sports Exerc** Jul;43(7): 1334-1359, 2011. Disponível em: http://journals.lww.com/acsm-msse/Fulltext/2011/07000/Quantity_and_Quality_of_Exercise_for_Developing.26.aspx. Acesso em: 26 jan. 2012.

MAYER, J., MOONEY, V and DAGENAIS, S. Evidence-informed management of chronic low back pain with lumbar extensor strengthening exercises. **The Spine Journal.** 8: 96–113, 2008. Disponível em: <http://www.fitstrength.com/Research/2008%20lumbar%20strengthening%20mooney%20mayer.pdf>. Acesso em: 26 jan. 2012.

Porto Alegre, 27 de janeiro de 2012.

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Coordenador da Comissão de Seleção